



## Join us for our Weight Loss Surgery Nutrition Classes

Pre-Op Nutrition Classes are held the 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays of the month

**Time: 12-1pm** 

Six weeks & Beyond Post-Op Nutrition Class is held on the 3<sup>rd</sup> Wednesday of each month

**Time: 12-1pm** 

**Location: Baylor Plano Hospital 5th Floor Conference Room** 

Classes will be taught by Registered Dietitian Kristin Williams.

To Register: 469-814-4483